OLON GROUP FITNESS TIMETABLE

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
9.30am							
10.45am							
11:00am							
12:15pm							
1:00pm				Strength for Life			
2:15pm							
5:30pm			SPORTSCISE	SPORTSCISE			
6:00pm			SPORTSCISE				
5:30pm	HOT Yoga	Yoga ZEN					
6:45pm	HOT Fit Pilates	Ignite Yolates					